

Mazurskie Miody – a company placed on the outskirts of Olsztyn, in well-known 'barrel building', started its adventure from single, modest apiary. Many year of apiculture passion development, gave Mazurskie Miody a place on the top. Since then, Mazurskie Miody provides wide range of tastes – from the most popular mixed flower and rape honey, through uncommon honeys, like heather and phacelia to the extraordinary kinds, like New Zealand's manuka honey.

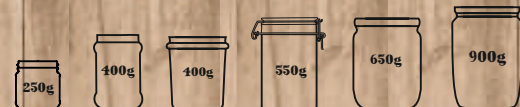




The most popular honey. Its diverse taste and flavor - sweet, mild to a bitter aftertaste, depend on the nectar collected from different crops, flowers and herbs. It can have color ranging from cream to tea and after crystallization becomes light grey or pale yellow to light brown.

## Health Benefits

Helps in liver and gallbladder problems, alleviated problems in people who are allergic to pollen and helps build immunity to allergies. Thanks to its mild taste, this kind of honey can be given to children preventively and as a part of treatment of the flu, common colds and lower respiratory tracts problems.





Honey very specific in terms of flavor and aroma. It features intense aroma of buckwheat flowers and crisp, slightly burning taste. The liquid takes color from dark tea to tawny, and after crystallization to clear brown.

## Health Benefits

Honey with high magnesium, iron and vitamin C. B1, B2 and PP content, which is why it is recommended for heart and stomach neurosis. It can also have highly active antibiotic properties and is said to prevent heart and cardiovascular diseases.







Honey with a distinct aroma of linden flowers, spicy flavor, slightly bitter. Before crystallization takes on a greenish-yellow color to pale amber. It is characterized by a dense texture, which after crystallization becomes fine-grained.

## Health Benefits

This kind of honey has numerous properties, such as antiseptic, spasmolytic, diaphoretic, antipyretic, expectorant, mildly soporific and soothing and fever-reducing qualities. It is also a highly active antibiotic, which is why it helps in treatment of the flu, common cold, coughing, acute and chronic colds, throat infections, sinusitis and airway inflammation.







Honey of a berley perceptible, slightly spicy aroma and a bit sweet, mild taste. It is characterized by tawny color, often with a greenish tinge. Its dense texture after crystallization is fine or grain.

## Health Benefits

Its characteristics include high antibiotic and antibacterial activity. It has antiseptic, anti-inflammatory and expectorant effect and supports immunity system. It is recommended for use in respiratory, gastrointestinal, heart and cardiovascular problems and in treatment of digestion problems. Honeydew nectar is also recommended to people who spend a lot of time in front of a computer screen.







# CONIFEROUS Honey-DEW



Honey with a mild, sourish, slightly resinous flavor and thick consistency, not very sweet. In the liquid state gets green tea color to light brown. After crystallization the honey is medium gray-brown in color with a tinge of green to brown.

## Health Benefits

The honey-dew variations are powerful antibiotics, which is why this product is valuable in treatment of lower respiratory tract diseases (such as pneumonia or tuberculosis), it also has anti-inflammatory, expectorant and antiseptic qualities. Usually used to boost immunity and treat joint and nerve system problems. It is also







Honey with a strong aroma reminiscent of a heather flower. It is of a slightly bitter and pungent taste, therefore not very sweet. Usually crystallizes quickly, assuming the gelatinous texture and fine grain. It may be of red-brown to yellow-orange color, or tawny.

## Health Benefits

Honey with antiseptic qualities, a perfect medication for eye, heart and gastrointestinal diseases, recommended in treatment of cold and flu-related problems. Heather honey is often used in cosmetics as a beautifying and smoothing ingredient for face masks and peelings. It is also effective in the treatment of prostate problems.







Distinguishes itself from other honeys with delicate, light flavor of acacia flowers and is colorless to light cream color. Contains large amount of fructose, so crystallizes slowly. After crystallization becomes white to straw colored. Due to the subtle flavor and aroma it is a popular sweetener used for dishes, drinks or desserts. Very popular with children.

## Health Benefits

Honey with low antibiotic activity. It is recommended for treatment of stomach hyperacidity and gastric problems. It helps treat stomach and duodenum ulcers, gastritis and intestinal spasms. It soothes nerves, facilitates sleep and strengthens your exhausted body.







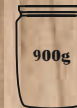
# RAPE Honey



Not so sweet honey with a delicate flavor and a hint of bitterness. It is a very popular honey because of rape plantation commonness in Poland. In a liquid form it has a bright straw color with a green tint - crystallizes fast, turning into gray cream. In both liquid and crystalized forms it has a faint scent similar to rape flower.

## Health Benefits

This kind of hone helps in the treatment of liver, pancreas, kidney and gastrointestinal problems as well as stomach and duodenum ulcers. Recommended for use in the treatment of cardiovascular problems, arteriosclerosis and cardiac failure. It also reduces the risk of potassium deficiency in our body, facilitates wound healing and prevents blisters if burns happen.







# BEE POLEN



## HOW TO USE IT?

Eating bee pollen along with honey is a popular way of consumption, where powdered pollen is gently mixed in a small honey bowl, but there are more ways of eating it. It can be dissolved in water, juice or even tea. A pollen therapy in the form of 2 teaspoons of pollen should be dissolved in water 4 hours before eating it. Consumption of this bee product is recommended twice a day for 2-3 months.

## Health Benefits

Bee pollen regulates metabolism, improves the action of the digestive system and causes weight loss in overweight people. Bee pollen also detoxifies. It has significant impact on liver activity and condition. At the same time it also protects and supports renewal of liver tissues. Apart from that, pollen as all kinds of honey, prevents atherosclerosis due to the lowering of lipid levels. Pollen is also used in post-infarction treatment and has antibacterial and antifungal properties.





Manuka honey became famous in the world due to its strengthening and antiseptic properties. Thanks to its prophylactic actions in microbial growth manuka honey has become No.1 among honeys. A method of establishing precise concentration of methylglyoxal - MGO in honey was developed in 2007.

Due to its antiseptic properties manuka honey is often used as additional support in treatment of numerous illnesses. It is perfect for treating digestive illnesses, such as: gastric ulcers, hyperacidity, digestion problems and irritable bowel syndrome.

Honey protects against damage caused by bacteria. Some also boost production of special cells that can repair tissue damaged by infection. And honey has an anti-inflammatory action that can quickly ease pain and inflammation.

It is also a probiotic - after consumption of honey the number of harmful bacteria decreases and the number of harmful bacteria which form the natural flora of our organism increases. The honey can also be helpful in treatment of skin problems - lichen, acne, light burns and bedsores. Manuka honey is also used in gingivitis treatment. It can be consumed even in the evening, after brushing your teeth, as it has antibacterial functions.

HIGH MGO RATIO  
MGO 322



*100% natural*

# 3-PACK MINI MIODÓW



Due to its smooth, creamy texture honey spreads on bread perfectly: it does not stick, drip or stain. You can put a thick layer of it on bread, which makes it easier to increase honey consumption in children, for example. It is as perfect alternative to popular chocolate spreads.



Coniferous honeydew, is low in sweetness, a mild, slightly sour and resin-like taste and thick texture. It has antibacterial properties and helps cure respiratory tract illnesses. It is a great nutrient after physical effort and is recommended to people with anaemia.



Honey with noticeable fragrance of linden flowers. It has a pungent, slightly bitter taste, fights fever and has mild sleep-inducing properties. The honey helps cure the flu, colds, cough and respiratory tract illnesses. It also has diaphoretic, antiseptic and expectorant characteristics.



NEW! 550g of nature in new, practical packaging



*coniferous  
honey dew*

*acacia*

*multiflower*

*linden*

*buckwheat*

# Let's Have A Taste Of Polish Honey



LINDEN



PHACELIA



ACACIA



BUCKWHEAT



MULTIFLOWER



MULTIFLOWER





## Minister Rolnictwa i Rozwoju Wsi

na podstawie art. 13 ust. 3 ustawy z dnia 21 grudnia 2000 r. o jakości handlowej artykułów rolno-spożywczych (Dz. U. z 2017 r., poz. 2212 z późn. zm.)

przyznał Decyzją nr 50/2018

Znak



dla

Polskiego Miodu Pszczelego  
Lipowego 400g

Mazurskie Miody Bogdan Piasecki  
w Tomaszowie

*Miod*  
Krzysztof Buregel  
Poznań, 4 maja 2018 r.



## Minister Rolnictwa i Rozwoju Wsi

na podstawie art. 13 ust. 3 ustawy z dnia 21 grudnia 2000 r. o jakości handlowej artykułów rolno-spożywczych (Dz. U. z 2017 r., poz. 2212 z późn. zm.)

przyznał Decyzją nr 49/2018

Znak



dla

Polskiego Miodu Pszczelego  
Wielokwiatowego 900g

Mazurskie Miody Bogdan Piasecki  
w Tomaszowie

*Miod*  
Krzysztof Buregel  
Poznań, 4 maja 2018 r.



# HELLO HONEY

## Creamy Multiflower Honey



### buckthorn berry

Sour in taste, aromatic and adored by children honey. Buckthorn berry contained in honey is a great source of vitamins P, A, E, and K. Helps to reduce fever, it soothes the inflammation and prevents from peptic ulcer disease. It also slows down the ageing, improves brain work and nerve system.



### bee pollen

Bee pollen, contains over 250 biologically active substances, including proteins, carbs, lipids, fatty acids, vitamins, minerals, enzymes and antioxidants. Bitter, but delicate in taste bee pollen, has a great function in insomnia, excessive excitability, also it strengthens the natural immunity in children.



# BEESWAX CANDLES



Created by the bees, 100% natural, all chemical-free and environmentally friendly, safe and non-toxic. Beeswax candles burn very clean with little smoke when trimmed properly as they are not oil-based. A room full with honey aroma is filled with negative ions, crucial in the digital age and increasing environmental pollution. A microclimate which is created in the room brings people optimism.

THEY ARE HANDMADE PRODUCTS MANUFACTURED WITH THE USE OF CLEAN,  
NATURAL BEESWAX AND COTTON WICKS.



## PROPERTIES

- In the process of burning they give off a subtle, honey-propolis aroma
- They generate negative ions in the air
- They neutralise negative radiation emitted by electronic and electric devices
- They burn without smoke
- They have calming and soothing properties and bring a warm, peaceful atmosphere
- They neutralise the smell of cigarettes
- Negative ions produced in the candle flame purify air and alleviate symptoms of upper respiratory tract infections, lung diseases, asthma, allergy and rhinitis
- They have a pleasant, original look of a clean natural product




# GIFT SET



If you wish to bestow your employees, associates, business partners or others we suggest our gift sets consisting of impressively packaged Mazurskie Miody products. Larger sets are packed into wicker baskets, and smaller ones in wooden boxes or in cellophane bag adorned with sea grass. Companies or individuals interested in using the gift set options, please contact our sales department







Polish products from Warmia and Mazury

# Questions

Visit our websites

Mazurskie Miody Bogdan Piasecki  
Tomaszkowo 47, 11-034 Stawiguda, Polska  
+48 89 513 64 13  
NIP 739 040 30 04  
[info@mazurskiemiody.pl](mailto:info@mazurskiemiody.pl)

We have representatives  
all over Poland!



[www.mazurskiemiody.pl](http://www.mazurskiemiody.pl)  
[www.sklep.mazurskiemiody.pl](http://www.sklep.mazurskiemiody.pl)

! Attention, remember that bee products are not a medical source, and using them as a medical supply should be consulted with a doctor.